

How to Make 2026 Your Year

Follow along with this blog post: <https://evergreenmusings.com/how-to-make-2026-your-year/>

Step 1: Write down your 3 Focus Areas:

Step 2: Define your Focus Areas

Answer 2-4 of the supporting questions for each focus area you chose and write down a goal for each

Focus 1:	Focus 2:	Focus 3:
Goal:	Goal:	Goal:

Step 3: Make your goals attainable

Rewrite your goals to the right.

For each of your goals, answer these questions in the boxes below:

1. Is your goal specific enough? Why or why not?
2. What mistakes did you make in this area the year before, and how will you improve it?
3. Who are you doing it for? And why are you doing it for this person?
4. Learning from your mistakes, how will this goal help you redefine from your mistakes?
5. How will you achieve your goals?
6. How will you measure your progress?

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Step 4: Make your list of resolutions

Write your final list of *specific* resolutions below and stick it on your ceiling, so you can see them every day you wake up!

Resolution 1: _____

Resolution 2: _____

Resolution 3: _____
